

Eastbourne Rovers Athletic Club

Dear Club Member,

Annual General Meeting 2022 Thursday 8 December 17.45 Clubroom Eastbourne Sports Park Cross Levels Way.

Please find below the agenda for your annual general meeting.

We hope you can attend.

Its an opportunity for you to come together, meet the committee and hear about key achievements and challenges facing our club.

We'll also request that you vote on the following items:

- Signing off last year's AGM minutes as true and accurate
- Signing off this year's account (These will be made available to you on the night)
- Approving the committee posts for 2023 to 2024
- Approving the proposed membership rates for 2023 to 2024.

There will be refreshment afterwards and we will be able to raise a toast to our dear friend Angela who recently departed after decades of service to our Club.

Hope you can make it. Please let us know you're coming so we can plan accordingly.

Best wishes

Mike Thompson: Chairman

Brian Slaughter: Secretary

Eastbourne Rovers Athletics Club

Annual General Meeting

At Eastbourne Sports Park Club Room

at 19:45 hrs (7.45PM) on Thursday 8 December 2022

Agenda:

Agenda Items

1. Chairman's Welcome and Introduction
2. Apologies for Absence
3. Minutes of the AGM held on 9 December 2021(see appendix 2 below)
4. Executive Committee's Report
5. Hon Treasurer's Report and Statement of Accounts (available at meeting)
6. Election of Honorary President, Vice Presidents, and Club Officers
7. Setting of 2023/24 Subscriptions

Subscriptions for 2023/24 – the Executive Committee is recommending an increase in membership fees from April 2023 as per Appendix 1 below

8. Close of Meeting

Appendix 1 Membership Rates April 2023 to March 2024

The Committee are proposing an increase to membership rates April 2023 to March 2024.

Membership fees have remained the same for 3 years and our club is now facing higher costs. We've been slowly building up a track maintenance, facilities, and improvement fund for future generations as there are financial constraints facing key partners responsible for running and maintaining the Sports Park facilities.

We're looking to raise funds through grants and fundraising activities over the coming years to compliment any extra income generated from membership fees. Most of the membership fees cover the running costs like track hire fees, track competition fees, club affiliation fees.

We're also proposing to include the additional England Athletics affiliation fee (£17) within the full (track) membership fee as this is required for individual athletes' competitions.

Eastbourne Rovers Athletic Club is affiliated to England Athletics and members enjoy the reassurance of public liability insurance and key governance policies – Examples of these are.

- Codes of Conduct for Coaches Athletes and Officials.
- Safeguarding and Inclusion.
- Subsidised prices and sometimes free courses for coaches, officials, leaders

We're therefore proposing to increase the full membership by 5.7% and road runners by 5.2% as per the table below. On a weekly basis the proposed fees will be £1.73 pw for the track and 75p per week for road runners.

Membership type (pa)	Existing 2022 to 23 (pa)	Proposed 2023 to 24 (pa)
Full (track)- adult - child	85 plus EA affiliation fee 15	107 (includes EA affiliation fee £17 as required for competitions (so true fee is 90)
Family (track)	175	185 (does not include EA fees)
Road/cross	37	39 (option for EA affiliate additional £17.00 – still recommended as required for cross country
2nd claim road	37	39
2nd claim track	85	90
Concessions for low income	Committee approval	Committee approval
Over 65's concessions		Track 53.50 road: 19.50
Full time university student (track) Half price	42.50	53.50
Bodyworks half price	42.50	53.50

Members are requested to approve these proposed membership rates (above) from 1 April 2023 to 31 March 2024

Appendix 2

Minutes of AGM held 9 Dec 2021

For the U15's and U13's instead of the usual leagues Sussex offered young people's open meetings and festivals. Eastbourne athletes took advantage of these to start to gain experience in Track and Field.

The Sussex championships was later in the year and did not include heats and finals but was an opportunity to gain medals. Rovers brought home 5 golds, 3 silvers and 4 bronze.

Gold medals from Molly Swingler in 400H and HJ, Eleanor Strevens in 800m, Finley Hobbs in 100m and Liam Hennessey in Jav.

Silver came from Shania Martlew in 100, Daisy Barrow in 200m and Cara Maker in LJ.

With bronze medals were Shania in 200m, Daisy in 100m, and Isabelle chappell in 1500m and Bryan Brett in 1500m.

The Sussex Schools was the only real disappointment in the season as it was invite only and athletes had to already be of a high standard. This meant there were sometimes only 2 athletes in a race!

Jack Usher won his 100m.

However, 3 of our athletes got the standard needed for the English schools Championships – Harriet Armstrong in the Triple Jump, Molly Swingler in 400H and Nelly Bathard-Smith in the long jump.

There were many personal best performances during the season a lot coming from the seeded Worthing Open Meetings.

The most notable performances came from Moyo Sargent who ran at the Loughborough International in the 400m. He was then selected for Great Britain for the 4x400m U20 team at the Manchester International but unfortunately had to drop out as he was ill but hopefully Moyo now training at Loughborough university will get another opportunity next season.

Cara Maker produced outstanding performances in the long jump and 100m to gain titles as British champion V40 in both and also topped the British W40 Rankings in 100M, LJ, TJ.

Brian Slaughter won the British Masters outdoor title.

Richard Road Running Section

Emma Cooper, 1st place at Trackstar Half Marathon

Sue Fry 1st, Liz Lumber 3rd at Beachy 10k

Richard 3rd place Eastbourne 10k!

Junior Middle Distance/Multi-events group

Coaches: Jenny Brown, assisted by Sue Fry, and often Maddie Bartlett (an U17 athlete who is currently injured)

Current squad: Three of our older/faster boys moved to Chris Voice's group in September. We have another group of four girls, who will be U15 in the summer, nearly ready to move to Chris's squad too. There are two or three boys, who are also throwers/sprinters, who could move to Tuesdays with Chris and Thursdays with Sue/Angela soon, if that would work for everyone concerned.

We have a growing group of younger U13 and U11 athletes, plus a group of older U15/U17 girls who are more recreational than competitive. We have 22 athletes on our list (Nov 2021), with up to 15 on any one night.

We continue to focus on both endurance and speed, with lots of conditioning drills, plus some hurdling, throwing and jumping. Thanks to Cara (LJ) and Angela (Throws) who take members of the squad at times, and to Mike T and Sue K who normally take Lexie (Mike) and Oscar (Sue) for sprinting once a week.

Competition results: Lots of PBs this summer by all who competed. Really good team spirit and parental support. Most athletes continued to train alone, or in twos, or with a parent, during lockdowns and this really paid off in the summer once competition resumed.

Top results:

Freda Pearce Ranked 25th in South East U13 1500m 5 min 21, 3rd in County Champs.

Katy Brown Ranked 19th in SE U13 Javelin 19.51m, 3rd in County Champs.

Katy and Lexie McLean were part of the ERAC 4x100m team who won silver medals in the County Champs.

Oscar Mizen Ranked 21st in SE U13 200m 28.1, 2nd in County Champs

Fin Lumber-Fry Ranked 36th in SE U13 1500m 5 min 06, 3rd in County Champs (now with Chris V).

Oscar and Katy have been invited to the Sussex U13 Squad training this winter, and Freda, Lexie and Fin are part of the Sussex Endurance Squad.

The squad has made an excellent start to the cross country season with numerous top 10 finishes in the Eastbourne Schools Champs (Primary and Secondary) and some good performances in the Sussex League.

Chris Voice said Eleanor Streeter 2.11.0 for 800M 5th quicker in the country and only a first year U17G.

The executive committee's report was agreed. It was proposed by Angela Morgan and seconded by Alison Fox.

Hon Treasurer's Report and Statement of Accounts (available at meeting- on screen)

See Lucy report 2021 challenge total income over expenditure £18,000, income up 140% because of increase of membership. £7000 sponsorship thanks to Alan Greener.

The Honorary Treasurer's report was accepted, it was proposed by Emma Davey and seconded by Debbie Davies.

Election of Honorary President, Vice Presidents and Club Officers

Post	Nominated	Proposer/Seconder
President	Janis Long	Sue Keen/Mike Thompson
Vice Presidents	Mr Tom Stoner Mr Mike Stoner Mr Mike Brandon Mrs Mary Bowley Mr Graham Weir	Sue Keen/Liz Brandon
Chairman	Mike Thompson	Stuart Pelling/Richard Davies
Vice Chairman	At the first committee meeting	
Hon General Sec	Brian Slaughter	Angela Morgan/ Stuart Pelling
Hon Treasurer	Lucy Plant	Debbie Davies/Emma Davey
Hon Membership Sec	Anna Chaplin	Stuart Pelling/Sue Keen
Track & Field Sec	Brian Slaughter	Sue Keen/Angela Morgan
Coaching	Sue Keen	Brian Slaughter/Liz Brandon
Co-Ordinator		
Other Committee members	Stuart Pelling Richard Davies Debbie Davies Emma Davey Thresa Mitchell Chris Voice	Angela Morgan/Mike Thompson

Club Subscriptions for 2021/2022

The Executive Committee has decided to keep the annual subscription fees for 2022-23 the same as the current year.

Full Member £85

Half Member £42.50

Family £175

Road/Cross Country £37.00

Distant £34.00

2nd Claim (Not Training) £35

Associate (not training) £8
Proposed by Debbie Davies and seconded by Sue Keen.

Rule changes

Close of Meeting

The meeting closed at 8.38pm